



FAUX FOOD PROP

Paper-mache using flour and
Water

WHAT YOU NEED FOR THE PAPER MACHE



- NEWSPAPER
- FLOUR & WATER
- or
- PVA & WATER
- A PAINTBRUSH
- OR BAKING
- BRUSH
- A PEPPER
- CLINGFILM
- A BOWL

MAKE YOUR "GLUE" MIX



Put some flour
into the bowl and
slowly add water
till its at a Single
cream
consistency
Alternatively you
can use pva and
water mixed to
the same
consistency



PAPER MACHE ONE HALF



In order to be able to remove the paper mache shell off the pepper, you will need to make it from two separate halves.

Clingfilm the entire pepper and start layering bits of newspaper with your glue mixture on a brush

You will need to do several layers of it to make sure its very solid. Remember to only cover half of the pepper

LEAVE OVERNIGHT TO DRY



Leave your pepper to dry overnight then gently peel off your cling film with the shell on it.

Clingfilm your pepper again and do the same process again on the other half. Remember to get into all the dents and curves with your brush. Leave that to dry overnight

DON'T worry about the stalk for now, just work around it.

JOIN YOUR HALVES



Peel off the other half, put them together and attach them using more newspaper and glue mix

Leave that again to dry overnight

MAKE THE STALK



While your pepper is drying, start making the stalk.

Roll up some newspaper and make the shape. Cover it in glue mixture. Again make sure you layer it so it dries nice and solid



STALK BASE



Make a base for your stalk by layering newspaper pieces in a sort of hexagon shape. Cover it in lots of glue mix and poke a hole through it with a pen

Then put your stalk shape through that hole and attach it using more paper mache

Leave that to dry separately



ATTACH YOUR STALK TO THE PEPPER



Yep, you guessed it...

Attach your stalk to the pepper using more glue mixture..

Or if you want to cheat, use superglue, or any glue you have available

You may also have to cut ur hexagon shape to fit nicely on the top of your pepper
Leave that to dry

IF YOU HAVE SANDPAPER....



Sandpaper isn't a common thing to have at home but if you happen to have some, give it a go and smooth out the texture of your pepper

PAINT



If you have access to some paints, have a go at colouring it

I started off with a white undercoat



I used the real pepper as reference for the paint work. From the time I started the process, which took several days, by the time I got to painting it, the green pepper had aged and had some lovely colours running through it, which made it more interesting to look at.

I also varnished it for the waxy shine