

BRIT School Careers Programme 2022 - 23

Year 10

Term	Week	Activity	Description	CDI Framework	Gatsby Benchmark
Term 1	2	Thrive Training	Examining beliefs, how they can help us and hinder us and how to change this	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
Term 1	3	Thrive Training Continued	Recognising sense of capabilities, strengths, potential... and how students have influence over their own life	Balance Life & Work Manage Career Grow Throughout Life	Benchmark 1
Term 1	4	Thrive Training Continued	How the use of language can impact on your thoughts and feelings	Balance Life & Work Manage Career Grow Throughout Life	Benchmark 1
Term 2	1	Exploring the concept of career management Introduction to Unifrog	Students start to use the Unifrog platform to record their activities and interactions	Grow throughout life Manage Career	Benchmark 1
Term 2	4	Introduction to Work Experience & CV writing	Talk from the Careers Team introducing work experience, how to find placements & writing a CV to support applications	Grow Throughout Life Explore possibilities	Benchmark 2

Term 3	2	Introduction to Interview preparation morning and How to prepare for interviews	Introduction to the Interview Morning. How to tailor your CV for jobs and write a cover letter. Interview Skills	Grow throughout life Create Opportunities	Benchmark 2
Term 3	7	Interview Practice Morning BRIT Theatre (13 February)	Industry guests provide all Year 10 students with a face to face mock interview and feedback on CVs and applications	Grow throughout life Create Opportunities	Benchmark 5
Term 4	1	Reflecting on skills and values and how these impact on career decision making	Unifrog Personality & interests Quiz	Grow throughout life Manage Career	Benchmark 1
Term 4	9	Work Shadowing Preparation	Students look at work place culture and Health & Safety in the workplace	Balance life and work Create opportunities	Benchmark 2
Term 5	1	Work Shadowing Week	All Year 10 students take part in work shadowing	Grow throughout life Explore possibilities Create Opportunities	Benchmark 5 & 6
Term 5	2	Work Shadowing debrief	Students reflect on their experiences and their key takeaways from WEX	Explore possibilities Grow throughout life Manage Career	Benchmark 5 & 6
Term 5	6	Year 10 Consultation - Post 16 Choices	Talk delivered to students and parents re. P16 Choices	Explore Possibilities	Benchmark 2
Term 5	TBC	University Visit		See the Big Picture	Benchmark 7

Year 11

Term	Week	Activity	Description	CDI Framework	Gatsby Benchmark
1	2	Thrive Training	Examining beliefs, how they can help us and hinder us and how to change this	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	3	Thrive Training	Recognising sense of capabilities, strengths, potential... and how students have influence over their own life	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	4	Thrive Training	How the use of language can impact on your thoughts and feelings	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	6	6 October Assembly on P16 options	Assembly delivered by SLT, Careers about P16 options at BRIT and other Schools/colleges. Talk by Representative from ASK about Apprenticeships	Explore possibilities Grow Throughout life	Benchmark 2
2	4	Preparing for P16 interviews and using BRIT Characteristics to demonstrate transferable skills	PPD session for Year 11 student to understand and practice interview Technique	Explore Possibilities Manage Career	Benchmark 2

Year 12

Term	Week	Activity	Description	CDI Framework	Gatsby Benchmark
1	3	Thrive Training	Examining beliefs, how they can help us and hinder us and how to change this	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
	4	Thrive Training	Recognising sense of capabilities, strengths, potential... and how students have influence over their own life	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
	5	Thrive Training	How the use of language can impact on your thoughts and feelings	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
2	1	Introduction to Unifrog Evaluating Career	Students start to use the Unifrog platform to record their activities and interactions	Grow Throughout Life Manage Career	Benchmark 1 Benchmark 2
2	2	Introduction to Career Planning to enable students to evaluate their Post 18 options	Looking at strengths, values and interests and how they will impact on students career decision making. Students complete the personality profile and interests quiz on Unifrog	Grow Throughout Life Manage Career	Benchmark 1

3	3	Post 18 Options & Career Planning continued	Students build on the careers exploration they started in the previous term.	Explore Possibilities Manage Career	Benchmark 1 Benchmark 2
3	4	Career planning Evaluating LMI and exploring Job Roles		Explore Possibilities Managing Career	Benchmark 1 Benchmark 2
3	5	Applying to University	Students understand the pros & Cons of applying to university and how to research courses and universities	Explore Possibilities See the Big Picture	Benchmark 2
3	8	HE & Careers Fair	Representative from over 40 universities, apprenticeship providers and gap year options.	Explore Possibilities Create Opportunities	Benchmark 7
4	6	Action points and following up on research undertaken so far	Checking in and follow up on Uni research, open days, looking at alternatives to university	Explore Possibilities Grow Throughout Life	Benchmark 2
Term 5		UCAS workshops on how to complete the UCAS application and writing a personal statement	Careers Team work with Tutors to register and complete the online UCAS application form and start to draft personal statements	Explore Possibilities Grow Throughout Life	Benchmark 2
Term 5	5	8 July Careers Day	A day of workshops and talks for students to experience a diverse range of careers and career stories	Create Opportunities Grow Throughout Life	Benchmark 5 Benchmark 7

Year 13

Term	Week	Activity	Description	CDI Framework	Gatsby Benchmark
1	2	Thrive Training	Examining beliefs, how they can help us and hinder us and how to change this	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	3	Thrive Training	Recognising sense of capabilities, strengths, potential... and how students have influence over their own life	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	4	Thrive Training	How the use of language can impact on your thoughts and feelings	Balance life & Work Manage Career Grow Throughout Life	Benchmark 1
1	5	Personal Statement Writing and Feedback Finalising UCAS, Conservatoire & Direct Applications	Students work with Careers Team and Tutors to finalise decisions and application forms	Grow Throughout Life Explore Possibilities	Benchmark 2
1	6	Personal Statement Writing and Feedback Finalising UCAS, Conservatoire & Direct Applications	Students work with Careers Team and Tutors to finalise decisions and application forms	Grow Throughout Life Explore Possibilities	Benchmark 2
2	6	Apprenticeships	Students Explore Apprenticeships & understand Selection and	Explore Possibilities	Benchmark 2

